“STEPPING UP” YOUR EFFORTS TO REDUCE MENTAL ILLNESS IN JAILS

February 2019
Speaker: Nastassia Walsh

Nastassia Walsh
Program Manager, County Solutions and Innovation
National Association of Counties
#StepUp4MentalHealth
www.StepUpTogether.org
Counties are Stepping Up!
Join Stepping Up!

- Large (>250K) 29%
- Rural (<50K) 32%
- Mid-Size (50 - 250K) 39%
Speaker: Maria Fryer

Maria Fryer
Policy Advisor: Substance Abuse and Mental Health
Bureau of Justice Assistance
Office of Justice Programs
U.S. Department of Justice
Speaker: Christopher Seeley

Christopher Seeley
Program Director School and Justice Initiatives
American Psychiatric Association Foundation
GOALS:
1. Bring more attention to the important work you are doing
2. Raise awareness on the importance of supporting individuals with SMI

“Stepping Up is a movement and not a moment in time”
Calls for counties to:

- Use the Stepping Up Self-Assessment Tool to identify existing gaps in your Stepping Up efforts
- Pick at least one priority for your county to fully implement over the next six months
- Use the Stepping Up resources to reach your goals
- Participate in the Stepping Up Month of Action in May
- Share your progress toward meeting your goals in July
Speaker: Risë Haneberg

Risë Haneberg
Deputy Division Director for County Initiatives
Council of State Governments Justice Center
1. Is your leadership committed?

2. Do you have timely screening and assessment?

3. Do you have baseline data?

4. Have you conducted a comprehensive process analysis and service inventory?

5. Have you prioritized policy, practice, and funding?

6. Do you track progress?
Stepping Up Resources Toolkit: Webinars, Case Studies, and More!

The Stepping Up Resources Toolkit provides key resources intended to assist counties with developing and implementing a systems-level, data-driven plan that can lead to measurable reductions in the number of people with mental illnesses in local jails.

Reducing the Number of People with Mental Illnesses in Jail: Six Questions County Leaders Need to Ask serves as a blueprint for counties to assess their existing efforts to reduce the number of people with mental illnesses in jail by considering specific questions and progress-tracking measures. The report also informs the Stepping Up technical assistance that will be offered moving forward.

stepuptogether.org/toolkit

Quarterly Network Calls for Rural, Urban, and Mid-Size Stepping Up Counties
Additional Guides to Implement the Six Questions Framework

Project Coordinator’s Handbook

Online County Self-Assessment

Series of Briefs
The handbook complements the Six Questions framework as a step-by-step guide for project coordinators and includes:

- A **summary** of the question and its **related objectives** for the planning team

- **Facilitation tips** to assist the project coordinator in managing the planning process

- **Facilitation exercises** designed to achieve the question’s objectives and provide an efficient process for capturing the work of the planning team
Stepping Up County Self-Assessment

The Stepping Up County Self-Assessment is designed to assist counties interested in evaluating the status of their current efforts to reduce the prevalence of people with mental illnesses in jails.

The tool guides counties to determine their implementation progress according to the framework detailed in *Reducing the Number of People with Mental Illnesses in Jail: Six Questions County Leaders Need to Ask*.

Counties that use the tool will also have access to online resources to help advance their work in areas where they have not fully implemented identified best practices.

Please contact info@stepuptogether.org with any questions about this tool.
Question 1: Leadership

**Action Step 1**

Elected county policymakers (e.g., a county commissioner) have passed a resolution or proclamation mandating system reform to reduce the number of people who have mental illnesses in jail.

What is the current status of this mandate in your county? (Select one)

- Fully Implemented
- Partially Implemented
- Not Implemented

Great job! This step is complete.

**County Implementation Progress**

*North Slope, AK*

1. Is our leadership committed?  
   - 100%

   *Total Steps: 8*

2. Do we conduct timely screening and assessments?  
   - 43%

   *Total Steps: 12*
Access to Previous Webinars and Stepping Up Data

Resources Toolkit

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- [https://stepuptogether.org/toolkit](https://stepuptogether.org/toolkit)
- [https://stepuptogether.org/products](https://stepuptogether.org/products)
Speaker: Kathy Crouthers

Kathy Crouthers
Clinical Director
Chilton Shelby Mental Health Center
Shelby County, Ala.
Shelby County, Alabama
Stepping Up Project
&
Future Standard Operating Procedures

As of February 11, 2019
Shelby County Stepping Up Initiative

MISSION STATEMENT

"To serve adults in Shelby County with mental illness or co-occurring mental health and substance abuse disorders by reducing their recidivism in the criminal justice system and their re-admission to hospital emergency departments through their connection to a coordinated and comprehensive continuum of treatment and support services."
About Us

Shelby County, AL

- Population of approximately 213,605
- One of the fastest growing counties in Alabama and the Southeast
- County is rural and urban
- Race/Ethnicity:
  - Caucasian - 83%; African American - 10.6% ; Hispanic - 5.9%
More About Us

Jail and Hospital Information

• Shelby County Jail
  • Average Daily Census: 475
  • Total incarcerated in 2018: 5,286

• Shelby Brookwood Baptist Medical Center Emergency Room
  • Served 38,622 individuals (2017)
  • 1,530 had mental illness or co-occurring mental illness and substance use disorders
  • 759 were not admitted for inpatient services and were referred to outpatient mental health services
  • 264 had re-admits within one year
Shelby County, Alabama Project Collaborations

The offices and individuals below have committed to addressing the needs of justice involved individuals with mental health needs:

- Shelby County Commission,
- Circuit Court Judges,
- District Attorney
- Probate Judge,
- Sheriff,
- Public Defender,
- County Manager
- Chilton Shelby Mental Health Executive Director, management team and key staff
History of Shelby County Stepping Up Initiative

- May, 2018 Shelby County began the Initiative & Formal Collaborations
- Mental Health Board of Chilton and Shelby Counties, Inc. (CSMHC), applied for and received funding through Alabama Department of Mental Health (ADMH) in July 2018
- ADMH funding possible due to initiative established by Commissioner Lynn Beshear
- Received additional funding support from the County Commission and Shelby County Community Health Foundation
History of Shelby County Stepping Up

• CSMHC has a long standing relationship with the local jail and hospital
• CSMHC therapists are assigned to Shelby County Jail 5 days per week to provide intake assessments, individual psychotherapy, mental health consultation and family education and support
• CSMHC Board’s vision is to provide comprehensive and collaborative Behavioral Health Services (MI, SU/SA and ID) for the residents of Shelby County – Implement a true continuum of care operations plan
• Stepping Up Initiative and Implementation was a natural expansion on existing services, relationships and goals
Shelby County
Stepping Up Task Force

Active Partners Include:

- Presiding Circuit Court Judge and Shelby County Manager – Co-Chairs
- Shelby County Sheriff and Jail Administrator
- Shelby County Community Corrections
- Judges from Specialty Courts (Drug, Mental Health, Veterans and Domestic Violence)
- Probate Judge
- Alabama Pardons and Parole
- Shelby Baptist Medical Center
- County Commission Representation
- Chilton-Shelby Board Members and Program Staff
- Peer support Organizations
- NAMI
- Shelby County District Attorney’s Office
- Shelby County Public Defender’s Office
- Other Providers
RESOURCES

• Self Assessment
• Project Coordinators Handbook for Needs Assessment
  • Provided starting point for project that can seem overwhelming
  • Provided guidance regarding identifying a “champion” for the initiative
  • Provided guidance with identifying partners for the project
  • Assisted with planning meeting agendas
  • Assisted with structure and focus of Task Force Meetings
  • Provided facilitation tips to prompt team member participation
  • Provided guidance with answering the six questions
Outcomes to Date

- Increased communication among members/partners
- Initiation of MI and SU/SA screening for all inmates booked into jail
- Streamlined initial MI/SA assessment process at jail
- Hired a case manager to work with inmates who are released from jail to assist with connecting them to services/treatment
- Sparked conversation for improvements to and similar efforts for adolescent justice-involved residents
- Identification of issues with specialty courts receiving timely clinical information to assist with decision making
- Community members hearing about project and requesting to be involved
Next Steps

- Task Force members have created sub-committees to focus on question three and four of Needs Assessment
  - Identify processes and protocol to improve flow of defendants through the county justice system
  - Identify ways to improve communication between entities as defendants move through county justice system
  - Establish processes to connect defendants to needed treatment/services

- Sub-Committees plan to meet bi-weekly and report to entire task force at quarterly meetings

- Entire task force plans to meet quarterly

- Overall goal of task force is to reduce recidivism and assist with connecting justice involved individuals with needed treatment/services
Thank You.

Kathy Crouthers, LICSW - Clinical Director
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kcrouthers@chiltonshelby.org
www.chiltonshelby.org
Speaker: Jamie Clayton

Jamie Clayton
Corrections Chief Deputy
Imperial County Sheriff's Office
Imperial County, Calif.
Imperial County, Calif.
<table>
<thead>
<tr>
<th>Demographics</th>
<th>California</th>
<th>Imperial County</th>
<th>San Diego County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population, 2017 estimate</td>
<td>39,536,653</td>
<td>182,830</td>
<td>3,337,685</td>
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<tr>
<td>Black or African American alone, 2017</td>
<td>6.5%</td>
<td>3.4%</td>
<td>5.5%</td>
</tr>
<tr>
<td>American Indian and Alaska Native alone, 2017</td>
<td>1.6%</td>
<td>2.5%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Asian alone, 2017</td>
<td>15.2%</td>
<td>2.2%</td>
<td>12.5%</td>
</tr>
<tr>
<td>Native Hawaiian and Other Pacific Islander alone,</td>
<td>0.5%</td>
<td>0.2%</td>
<td>0.6%</td>
</tr>
<tr>
<td>Two or More Races, 2017</td>
<td>3.9%</td>
<td>1.7%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Hispanic or Latino, 2017</td>
<td>39.1%</td>
<td>84.3%</td>
<td>33.9%</td>
</tr>
<tr>
<td>White alone, not Hispanic or Latino, 2017</td>
<td>37.2%</td>
<td>10.6%</td>
<td>45.5%</td>
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<tr>
<td>Language other than English spoken at home, 2012-</td>
<td>44.0%</td>
<td>75.7%</td>
<td>37.5%</td>
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<tr>
<td>2016</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>High school graduate or higher, 2012-2016</td>
<td>81.2%</td>
<td>67.0%</td>
<td>86.4%</td>
</tr>
<tr>
<td>Bachelor's degree or higher, 2012-2016</td>
<td>32.0%</td>
<td>14.0%</td>
<td>36.5%</td>
</tr>
<tr>
<td>Median household income, 2012-2016</td>
<td>$63,783</td>
<td>$42,560</td>
<td>$66,529</td>
</tr>
<tr>
<td>Persons in poverty, 2012-2016</td>
<td>13.3%</td>
<td>23.6%</td>
<td>12.4%</td>
</tr>
</tbody>
</table>

Source: U.S. Census Bureau at www.census.gov
A look at Imperial County’s progress

- CCP subcommittee
- Buy-in from probation and behavioral health
- Brief Jail Mental Health Screen
- Mental health clinician in the jail
- SWOT analysis
- Mental health calendar
- Mental health unit
- Baseline data
- Identifying high utilizers
Imperial County Case Study #1

153 Total Bookings

People without MH Diagnosis
- 130 bookings
- 193 total lifetime bookings
- ≈ 1.48 lifetime bookings/person

People with MH Diagnosis
- 23 bookings
- 127 total lifetime bookings
- ≈ 5.52 lifetime bookings/person

Bookings between Sept. 6, 2015 – Sept. 12, 2015
<table>
<thead>
<tr>
<th>Booking Number</th>
<th>Reason</th>
<th>Prior Referrals</th>
<th>Pre-Trial Score</th>
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<tbody>
<tr>
<td>19-0012/445266</td>
<td>Officer Observation</td>
<td>0</td>
<td>4pts, No Rel, Felony</td>
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<tr>
<td>19-0013/567071</td>
<td>Officer Observation</td>
<td>2</td>
<td>14pts, No Rel, Felony</td>
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<tr>
<td>19-0048/393979</td>
<td>Claims MH issues</td>
<td>3</td>
<td>No interview, Commitment</td>
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<tr>
<td>19-0083/461765</td>
<td>Claims MH issues</td>
<td>0</td>
<td>No interview, last interview 12/22/18</td>
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<tr>
<td>19-0112/301226</td>
<td>Prior suicide attempt</td>
<td>0</td>
<td>17pts, No Rel, Felony warrant</td>
</tr>
<tr>
<td>19-0135/600978</td>
<td>Claims MH issues</td>
<td>0</td>
<td>No interview, Federal charges</td>
</tr>
<tr>
<td>19-0152/359668</td>
<td>BJMHS</td>
<td>0</td>
<td>No interview, Federal charges</td>
</tr>
<tr>
<td>19-0126/384453</td>
<td>Officer Observation</td>
<td>0</td>
<td>6pts, No rel, 273.6pc charge</td>
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<tr>
<td>17-1332/257644</td>
<td>State Hosp. return</td>
<td>0</td>
<td>No interview, State Hospital Return</td>
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<tr>
<td>19-0180/198077</td>
<td>Officer Observation</td>
<td>0</td>
<td>No interview, under the influence</td>
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<td>19-0172/153526</td>
<td>BJMHS</td>
<td>0</td>
<td>Subject refused to be interviewed</td>
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<tr>
<td>19-0184/716</td>
<td>Claims MH issues</td>
<td>0</td>
<td>No interview</td>
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<tr>
<td>19-0229/507824</td>
<td>Claims MH issues</td>
<td>0</td>
<td>No interview</td>
</tr>
<tr>
<td>19-0226/392989</td>
<td>Claims MH issues</td>
<td>0</td>
<td>8 pts, No rel, 484pc bench warrant</td>
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<tr>
<td>19-0238/601231</td>
<td>Officer Observation</td>
<td>0</td>
<td>Subject refused interview</td>
</tr>
<tr>
<td>19-0244/442112</td>
<td>BJMHS</td>
<td>1</td>
<td>No rel, Court remand</td>
</tr>
<tr>
<td>19-0324/520366</td>
<td>BJMHS</td>
<td>0</td>
<td>3 pts, No Rel, 273.5pc</td>
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<tr>
<td>19-0351/600322</td>
<td>Claims MH issues</td>
<td>0</td>
<td>3 pts, No Rel, Battery charge</td>
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<tr>
<td>19-0360/45403</td>
<td>Claims MH issues</td>
<td>2</td>
<td>No interview, Federal charges</td>
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<tr>
<td>19-0358/67939</td>
<td>Officer Observation</td>
<td>1</td>
<td>No interview, VOP</td>
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<tr>
<td>19-0377/522805</td>
<td>BJMHS</td>
<td>0</td>
<td>12pts, No Rel, 11350HS</td>
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<td>19-0466/320259</td>
<td>Claims MH issues</td>
<td>0</td>
<td>18 pts, No Rel, Unable to verify app</td>
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<tr>
<td>19-0471/602938</td>
<td>BJMHS</td>
<td>0</td>
<td>5pts, No Rel, 273D(A)PC</td>
</tr>
</tbody>
</table>
Questions?
Polling Questions
Contact Stepping Up

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